

DofE Diner Breakfast Menu

Hot cereals		
Porridge	Easiest is instant porridge decanted into a plastic bag. To avoid plastic pot breaking in your rucksack. Just add hot water to your bowl and top with dried fruit, chopped nuts, chocolate pieces etc to liven it up.	Home Bargains in Altrincham sell Mornflake Oats2Go brand – much cheaper than Oats So Simple from other supermarkets! 
Cold cereals		
Muesli	Make your own at home including powdered milk and just add water	
Your favourite cereal plus powdered milk	Decant from big box into small ziplock bag	
From the Bakery:		
Packaged croissants or pain au chocolat		
Packaged pancakes – American style with raisins	Better than trying to make and fry pancakes from scratch. These burn irretrievably on our camping pans	

Bread or rolls	Top with peanut butter, individual jam or Nutella portion or cheese spread.	
Breakfast biscuits or cereal bars		
Hot drinks		
Hot chocolate	Individual sachets are really convenient. Just add hot water.	
Instant cappuccino or coffee	Ditto!	
Tea or herb tea	Individually wrapped bags are good. Don't forget portion of UHT or powdered milk and sachet of sugar if you like these.	